

General Information

Prerequisites: The prerequisites for this course are stated at: www.cranialacademy.org/prereq.html

Required text: *Osteopathy in the Cranial Field* by Harold I. Magoun, Sr. is available from The Cranial Academy at \$67.50 plus \$7.00 shipping and handling.

Accommodations: Rooms has been reserved at the Walt Disney World Hilton Resort at \$119.00 single/double per night. Reservations should be made with the hotel by calling (800) 782-4414 or online. Rooms will be available until January 15, 2011, or until the block is sold whichever occurs first.

Cancellation policy: All cancellations must be received in writing and are subject to an administrative charge of 15% of the deposit for cancellations received at the office of The Cranial Academy on or before November 20, 2010. Cancellations received after that date and before January 30, 2011, are subject to an administrative charge of 25% of the deposit provided the spot is filled. The entire registration fee will be forfeited for cancellations received after January 30, 2011, or for failure to attend.

Liability Release: *Participation in this program will involve physical activity, including contact by and with instructors and other participants. This, and particularly activity involving physical diagnostics and manual therapeutics, could possibly entail risks for participants of new injury or aggravation of pre-existing conditions.*

By applying to participate, the applicant acknowledges and assumes the risk associated with participating in the laboratory sessions and agrees to hold The Cranial Academy and fellow participants harmless indemnify, defend and free of liability from and against any damage or personal injury that might occur during or as a result of participating in this program.

Furthermore, the applicant covenants to hold harmless, indemnify, and defend The Cranial Academy from and against any use or misuse that applicant may make at any time of any knowledge or information that applicant derives from participation in this program. The applicant should carry adequate liability insurance which would be activated in the instance of the use or misuse of this knowledge or information. Participants in the course are examined and treated by instructors following the course in case any problems arise from treatment by fellow students.

I acknowledge that I have read the Liability Release and agree to the statement.

Signature (Required) _____

It is the responsibility of ALL participants to use the information provided within the scope of their professional license or practice.

Register online at:
www.cranialacademy.org
or below

Registration Form

Introduction to Osteopathy in the Cranial Field Winter Course

Registration Fee: \$1,550.00 (\$775.00 deposit must accompany registration form; balance is due on or before February 1, 2011). Members of The Cranial Academy who register before October 1, 2010, may deduct \$100.00 from the total registration fee. Scholarship information for medical students is available on our website.

Registration fee includes 40 hours of Category 1-A AOA CME (anticipated)

Name (Print) _____

Address _____

City, State, Zip _____

Phone _____

Email _____

Medical School _____

Year _____ AOA # _____

MC/VISA# _____

Exp. Date _____

Signature _____

Paid by: Check # _____

Introduction to Osteopathy in the Cranial Field Winter Course



February 12-16, 2011
Walt Disney World Hilton Resort
Lake Buena Vista, Florida
Director: William Lemley DO FAAO

 **The Cranial
Academy**

A Component Society of the American Academy of Osteopathy

The Cranial Academy, Inc.
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The Cranial Academy Introductory Course is designed to:

- Discuss the five components of the primary respiratory mechanism, including articular cerebrospinal fluid, fascial/membranous and nervous system anatomy.
- Deepen the understanding of the osteopathic principles; interrelationship of structure and function, the body as a dynamic unit and the body as a self-regulating homeostatic mechanism with a capacity for self-healing.
- Provide instruction with experienced physicians on a four-to-one student to faculty ratio in a learning environment to palpate inherent motion of the body.
- Establish the basis for palpatory diagnosis and treatment using Osteopathy in the Cranial Field for clinical problems not only relating specifically to the cranium but elsewhere in the body.

The course includes approximately 18 hours of lecture and 22 hours of palpatory experience in addition to question/answer sessions and a basic examination. This program anticipates being approved for 40 Category 1-A CME credit hours pending approval by the AOA CCME. The Cranial Academy is an accredited AOA-CME sponsor for Category 1-A CME.

Course Schedule

Day One – Saturday, February 12, 2011

- 7:30 a.m. Registration
- 8:00 a.m. Introduction
- 8:30 a.m. Historical review of the cranial concept
- 9:15 a.m. Introduction to palpation
- 10:00 a.m. Small group discussion
- 10:15 a.m. Embryology and development of the cranium and CNS
- 11:15 a.m. Palpation embryological perspective

- 12:00 p.m. Lunch (provided)
- 1:00 p.m. Suture anatomy and external osteology
- 1:45 p.m. Five phenomena of the PRM
- 2:30 p.m. Palpation of the PRM
- 3:15 p.m. Small group discussion
- 3:30 p.m. Sphenoid embryology, anatomy and motion
- 4:15 p.m. Occiput embryology, anatomy and motion
- 5:00 p.m. Palpation of the sphenoid and occiput
- 6:00 p.m. Adjourn

Day Two – Sunday, February 13, 2011

- 8:00 a.m. Daily review
- 8:30 a.m. Sacrum anatomy and motion
- 9:00 a.m. Palpation - sacrum, innominates
- 10:00 a.m. Small group discussion
- 10:15 a.m. Reciprocal tension membrane and core link
- 11:00 a.m. Palpation of the RTM and core link
- 12:00 p.m. Lunch (provided)
- 1:00 p.m. Cranial vault anatomy and motion
- 1:30 p.m. Palpation of the vault
- 2:30 p.m. Temporal anatomy and motion
- 3:15 p.m. Palpation of temporal motion
- 4:15 p.m. Small group discussion
- 4:30 p.m. Cerebrospinal fluid (CSF) anatomy and motion
- 5:15 p.m. Palpation of the CSF
- 6:00 p.m. Adjourn

Day Three – Monday, February 14, 2011

- 8:00 a.m. Daily review
- 8:30 a.m. SBS Strain Flexion, Extension, Torsion and Sidebending Rotations
- 9:00 a.m. Palpation
- 10:00 a.m. Small group discussion
- 10:15 a.m. SBS strains vertical, lateral and compression
- 10:45 a.m. Directed palpation
- 11:45 a.m. Principles of treatment
- 12:15 p.m. Lunch (provided)
- 1:15 p.m. Core link
- 1:45 p.m. Palpation, diagnosis and treatment

- use of BLT
- 3:00 p.m. Small group discussion
- 3:15 p.m. Cranial nerves, clinical consideration
- 4:15 p.m. Treatment with fluid in mind
- 6:00 p.m. Adjourn

Day Four – Tuesday, February 15, 2011

- 8:00 a.m. Daily review
- 8:30 a.m. Treatment of vault, frontal and parietals
- 10:00 a.m. Small group discussion
- 10:15 a.m. Treatment of cranial strains patterns
- 10:45 a.m. Treatment
- 12:00 p.m. Lunch (provided)
- 1:00 p.m. Temporal bone review and treatment
- 3:00 p.m. Small group discussion
- 3:15 p.m. Anatomy of the face
- 4:15 p.m. Palpation of the face
- 5:00 p.m. OB and pediatric considerations
- 6:00 p.m. Adjourn

Day Five – Wednesday, February 16, 2011

- 8:00 a.m. Daily review
- 8:30 a.m. Treatment of the face
- 10:15 a.m. Small group discussion
- 10:30 a.m. Observational diagnosis and strain patterns
- 11:15 a.m. Wrap-up
- 12:00 p.m. Lunch (provided) - group photo
- 1:00 p.m. Written and practical exams
- 3:00 p.m. Adjourn

The faculty has requested that you wear loose fitting, comfortable, layered clothing. For the comfort of others, please do not wear any strong fragrances or essential oils.