

The Cranial Academy Course,
Introduction to Osteopathy in the Cranial Field
is designed to:

- Discuss the five components of the primary respiratory mechanism, including articular cerebrospinal fluid, fascial/membranous and nervous system anatomy.
- Deepen the understanding of the osteopathic principles; interrelationship of structure and function, the body as a dynamic unit and the body as a self-regulating homeostatic mechanism with a capacity for self-healing.
- Provide instruction with experienced physicians on a four-to-one student to faculty ratio in a learning environment to palpate inherent motion of the body.
- Establish the basis for palpatory diagnosis and treatment using Osteopathy in the Cranial Field for clinical problems not only relating specifically to the cranium but elsewhere in the body.

The course includes approximately 18 hours of lecture and 22 hours of palpatory experience in addition to question/answer sessions and a basic examination. This program anticipates being approved for 40 Category 1-A CME credit hours pending approval by the AOA CCME. The Cranial Academy is an accredited AOA-CME sponsor for Category 1-A CME.

Course Schedule

Saturday – June 12, 2010

8:00 a.m. Introduction
8:15 a.m. History of the cranial concept
8:45 a.m. Landmarks
9:00 a.m. How do YOU Palpate?
10:15 a.m. Small Group Discussion
10:30 a.m. Embryology & Development: Motion
11:00 a.m. Sensing Fluid, Membrane and Bone
12:00 p.m. Lunch (provided)

1:15 p.m. Five phenomena of the Primary Respiratory Mechanism
2:00 p.m. Palpation of the PRM
3:00 p.m. Small group discussion
3:15 p.m. Anatomy of Cerebrospinal Fluid and Fluid Movement In The Body
4:00 p.m. Palpating CSF and Potency
5:00 p.m. Adjourn

Sunday – June 13, 2010

8:00 a.m. Daily review
8:30 a.m. The Reciprocal Tension Membrane and the Core Link
9:15 a.m. Motion of the RTM
10:15 a.m. Small group discussion
10:30 a.m. Motion of Flexion and Extension of External and Internal Rotation
11:00 a.m. Motion of Flexion and Extension Lab
12:00 p.m. Lunch (provided)
1:15 p.m. The Vault: Formed in Membrane
1:45 p.m. Palpation of The Vault
2:45 p.m. Small group discussion
3:00 p.m. Principles of Treatment
3:30 p.m. Palpation of the Mechanism
4:15 p.m. The Cranial Base: The Occiput, Sphenoid and Ethmoid
5:15 p.m. Palpation of the Sphenoid, Occiput and Ethmoid
6:15 p.m. Adjourn

Monday – June 14, 2010

8:00 a.m. Daily review
8:30 a.m. The Temporal: The Wobbly Wheel
9:15 a.m. Palpation of the Temporals
10:30 a.m. Small group discussion
10:45 a.m. The Core Link
11:15 a.m. The Sacrum, Occiput and Upper Cervical Area
11:45 a.m. Principles of treatment
12:15 p.m. Lunch (provided)
1:30 p.m. Strain Patterns: Torsion and Side-bending Rotation
2:00 p.m. Palpation Torsion and Side-bending Rotation
3:00 p.m. Small group discussion

3:15 p.m. Strain Patterns: Vertical, Lateral Strains and Compression
4:00 p.m. Palpation of Vertical, Lateral Strains and Compression
5:00 p.m. Review of Strain Patterns
5:45 p.m. Adjourn

Tuesday – June 15, 2010

8:00 a.m. Daily review
8:30 a.m. Treatment of the Vault: Frontal and Parietal Lifts
9:30 a.m. Small group discussion
9:45 a.m. Sensing and Using the Fluid in Treatment
10:15 a.m. Lateral Fluctuation, V-Spread
11:15 a.m. CV IV
12:00 p.m. Lunch (provided)
1:15 p.m. Obstetric and Pediatric Considerations
2:15 p.m. Fascial Continuity of the Body
3:45 p.m. Small group discussion
4:00 p.m. The Cranial Nerves: Clinical
4:45 p.m. Temporal Diagnosis of Suture Restrictions
5:30 p.m. Venous Sinus Technique
6:30 p.m. Adjourn

Wednesday – June 16, 2010

8:00 a.m. Daily review
8:30 a.m. The Face - Related to the Sphenoid
9:30 a.m. Palpating and Treating the Face
10:30 a.m. Small group discussion
10:45 a.m. The Mouth
12:15 a.m. Observational Diagnosis of Strain Patterns
1:00 p.m. Lunch (provided) - group photo
2:30 p.m. Approaching the Patient: Common Clinical Problems
3:30 p.m. Written and practical exams
5:30 p.m. Adjourn

The faculty has requested that you wear loose fitting, comfortable, layered clothing. For the comfort of others, please do not wear any strong fragrances or essential oils.

General Information

Prerequisites: Please refer to our website for the prerequisites for this course at: www.cranialacademy.org/curriculum.html

Required text: *Osteopathy in the Cranial Field* by Harold I. Magoun Sr., is available from The Cranial Academy at \$67.50 + \$7.00 shipping and handling.

Accommodations: A block of rooms has been reserved at the La Quinta Resort & Spa in La Quinta, California at a rate of \$122.00 single/double per night. Reservations can be made on our website or with the hotel by calling (760) 564-4111. Rooms will be available until May 17, 2010, or until the block is sold whichever occurs first.

Cancellation policy: All cancellations must be received in writing and are subject to an administrative charge of 15 percent of the deposit for cancellations received at the office of The Cranial Academy on or before May 15, 2010. Cancellations received after May 15, 2010, and on or before June 6, 2010, are subject to an administrative charge of 25 percent of the deposit provided the spot is filled. The entire registration fee will be forfeited for cancellations received after June 6, 2010, or for failure to attend.

Liability Release: *Participation in this program will involve physical activity, including contact by and with instructors and other participants. This, and particularly activity involving physical diagnostics and manual therapeutics, could possibly entail risks for participants of new injury or aggravation of pre-existing conditions.*

By applying to participate, the applicant acknowledges and assumes the risk associated with participating in the laboratory sessions and agrees to hold The Cranial Academy and fellow participants harmless indemnify, defend and free of liability from and against any damage or personal injury that might occur during or as a result of participation in this program. Furthermore, the applicant covenants to hold harmless, indemnify, and defend The Cranial Academy from and against any use or misuse that applicant may make at any time of any knowledge or information that applicant derives from participation in this program. The applicant should carry adequate liability insurance which would be activated in the instance of the use or misuse of this knowledge or information. Participants in the course are examined and treated by instructors following the course in case any problems arise from treatment by fellow students.

I acknowledge that I have read the Liability Release and agree to the statement.

Signature (Required) _____

It is the responsibility of ALL participants to use the information provided within the scope of their professional license or practice.

Register online at:
www.cranialacademy.org
or below

Registration Form Introduction to Osteopathy in the Cranial Field

Registration Fee: \$1,550.00 (\$775.00 deposit must accompany registration form; balance is due on or before June 1, 2010.) Scholarship information for medical students is available on our website.

The Cranial Academy has requested that the AOA Council on Continuing Medical Education approve this program for 22 hours of 1-A AOA CME. Approval is currently pending.

Name (Print) _____

Address _____

City, State, Zip _____

Phone _____

Email _____

Medical School _____

Year _____ AOA # _____

MC/VISA# _____

Exp. Date _____

Signature _____

Paid by: Check # _____

Introduction to Osteopathy in the Cranial Field Summer Course



June 12-16, 2010

La Quinta Resort & Spa

La Quinta, California

Course Director: Michael Porvaznik, DO

**The Cranial
Academy**

A Component Society of the American Academy of Osteopathy

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